

Curriculum Vitae

Bio Data

Name: NEELOFER
Teacher code: UNKL00078
Current designation: Assistant Professor, Department of Mahiyatul Amraz (Pathology)
Aligarh Unani /Ayurvedic Medical College &ACN Hospital, Anoopshar
Road, Aligarh-202001
Date of Birth: 23/06/1975 (Twenty Third June Ninteen Seventy Five)
Nationality: Indian
Sex: Female
Marital status: Married
Mailing Address: 4/1157 (12) A, S.S Nagar, Near Nizami Pulia, Civil lines,
Aligarh, UP. 202002
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Academic Qualification

Examination	Year	Board/University	Subjects /Specialisation	Division
M.D (Unani) Doctor of Medicine	2003	AMU Aligarh	Kulliyat Wa Ilmul Amraz	1 st
Bachlor Of Unani Medicine & Surgery (B.U.M.S)	1998	AMU Aligarh	All Subject Prescribed By CCIM	1 st
Senior Secondary School Certificate (SSSC)	1993	AMU Aligarh	English, Physic Chemistry, Biology	2 nd
Secondary School Certificate (SSC)	1990	AMU Aligarh	Eng, Hindi, Math Science, Social Science, Urdu	2 nd

Licensure and Certification

Certify Organization	License Certificate Number
Bharatiya Chikitsa Parishad (Indian Medicine Board), Uttar Pradesh State	Registration No:08848 Dated:19/9/2000
Central Council Of Indian Medicine, Ministry Of AYUSH, New Delhi, Government Of India	App. ID : U0021127 Dated:28/02/2019

Employment To Date/ Work Experience

- **Assistant Professor, in D/O Mahiyatul Amraz ,** **19/01/ 2021 to continuing**
Aligarh Unani/Ayurvedic Medical College &
ACN Hospital , Aligarh. U.P.

- **Lecturer, in D/O Mahiyatul Amraz ,** **16/4/ 2018 to 18/01/ 2021**
Rajputan Unani Medical College Hospital &
Research Centre Jaipur, Rajasthan

- **Lecturer,in , D/O Mahiyatul Amraz ,** **02/5/2016 to 30/12/ 2017**
Hakeem Rais Unani Medical College
Sambhal, U.P.

- **Lecturer, in D/O Kulliyat,** **10/9/ 2015 to 25/4/ 2016**
Hakeem Rais Unani Medical College
Sambhal, U.P.

- **Lecturer,in D/O Mahiyatul Amraz,** **01/12/2014 to 09/9/ 2015**
Hakeem Rais Unani Medical College
Sambhal, U.P.

- **Lecturer,in D/O Kulliyat ,** **15/4/ 2013 to 30/11/ 2014**
Hakeem Rais Unani Medical College
Sambhal ,U.P.

- **Part Time Teacher (Clinical Nutrition),** **18/3/2009 to 15/3/ 2011**
FCI, University Polytechnic, AMU, Aligarh

Teaching & Research Experience

(a) Teaching Experience		
At Undergraduate level	B.U.M.S	9 yrs
At Post-graduate level	P.G. Diploma Dietetics And Hospital Food Service (Subject Taught: Biochemistry & Physiology)	2 yrs 7 months
(b) Research Experience		
At Post graduate level.	M.D.(Kulliyat wa Ilmul Amraz)	3years (During M.D.)

Dissertation Supervised: 06 (at FCI, AMU, Aligarh)

S.No.	Topics of Dissertation	Name of Student	Year
1.	Osteoporosis and Bones Injury	Sheetal Goswami	2009
2.	Spurt of Diabetic Patient in Aligarh- A Comparative Study of Rural and Urban Population	Pooja Varshney	2010
3.	A Study Nutritional Knowledge of College Going Girls & their Foods Habits	Neha Gupta	2010
4.	A Study of Lifestyle and Food Habit of Food of Adult Women with Reference to Osteoporosis	Shazia Sadruddin	2010
5.	Malnutrition In Children Rural And Urban Areas Of Aligarh City	Priyanka Soni	2011
6.	Hypertension In Adults In Aligarh City	Shama Gupta	2011

Pedagogy

1. Small Group Teaching:

To inculcate the habit of self learning among students and to increase their involvement and interest in the subject, short projects in the form of home Assignments, preparation of self compiled and designed posters, presentations on various topics are given to small group of students.

2. Problem Based Learning (PBL):

To help students develop critical thinking and clinical judgment and to provide a clinically relevant focus for their learning, some topics of the syllabus are covered through PBL.

3. Use of ICT tools and E-Learning

I use Power Point presentation and animations for making my lectures more interesting and effective. Furthermore, links to online resources are provided to students as an aid to their learning.

Publications

- Neelofer “ Leechtherapy (Irsal-E-Alaq) In Non Healing Ulcer - A Case Study” **International Journal of Medical Science and Innovative Research (IJMSIR)** ,ISSN-2458-8687, Volume 3 and Issue 4, issue of IJMSIR, JULY 2018; Publisher Medical Publication Hub, India (**Impact Factor 4.271**)
- Neelofer “*A Study of Risk Factors Causes Bone Injury in Osteoporotic Individuals*” **Journal of Medical Science and Clinical Research (JMSCR)**, ISSN-2347-176x, ISSN (p)2455-0450 Volume 05 Issue 10 October 2017 pp 28674-28680 (**Impact Factor 5.84**)
- Neelofer “*Contribution of Arabs in the field of Neuroscience*” **Imperial Journal of Interdisciplinary Research (IJIR)**, ISSN Number 2454-1362. vol.3, issue-9 ,2017. Pp 869-873 (**Impact Factor 3.7**)
- Neelofer,K.Z.Khan,F.S.Sherani,M.Muzaffar.“*Massage Therapy for Headache Associated With Essential Hypertension*” Unimed, Department of Kulliyat Ajmal Khan Tibbiya college , Aligarh Muslim University,volume-1,issue-1,april-sept 2005 .pp34-36
- Neelofer,K.Z.Khan,F.S.Sherani.“**Significance of Leech Therapy and its Consequence in Different Diseases**” Nature &Wealth- A Complete Health Magazine, Vol.VI No.4, October-December, 2007

Citations

Citations in journals	h-Index
03	01

Continuing Medical Education Progrmme (CME) For Teachers

1. In department of Ilaj Bit Tadabeer, Faculty Of Unani Medicine ,A.M.U, Aligarh.(6 to 11 march 2017)
2. In department of Kulliyat, Faculty Of Unani Medicine ,A.M.U, Aligarh.(12to 17 march 2018)
3. In department of Mahiyatul amraz, Faculty Of Unani Medicine ,A.M.U, Aligarh.(23 to 28 May2022)
4. In department of Kulliyat, Faculty Of Unani Medicine ,A.M.U, Aligarh.(30 May to 04 June 2022)

Seminar/conference (National & International)

1. Paper presented in the National Seminar on Munafeul Aza. Dept.of Tashreeh wa Munafeul Aza, AMU, Aligarh.2002. entitled; **“Leech (Hirudo Medicinalis) and its importance”**
2. Paper presented in the National seminar on Tibb-e-Nabvi at Hyderabad, Dec 2002. entitled; **“Fasad Aur Tib-e-Nabvi”**
3. Paper presented in the National Conference on Needs Based Physical Education and Sports in the department of Physical Health Education, AMU, Aligarh India.2002 entitled; **“The Importance of Exercise (Riyazat) in Unani System of Medicine”**
4. Paper presented in the National Seminar of Amraz-e-Niswan .P.G.Dept.of Qabalat wa Amraz-e-Neswan AMU, Aligarh.2003 **“Significance of Exercise during Pregnancy”**,
5. Paper presented in the National Seminar on Hifzan-e-Sehat .Dept.of Hifzan-e-Sehat wa Samaji Tib, AMU, Aligarh.2003 author **“Effects of Leech Therapy on Various Ulcers”**
6. Paper presented in the International Conference of Unani Medicine. C.C.R.U.M., Dept.of AYUSH,N.Delhi.2005 , **“Effect of Leech Therapy on Chronic Non Healing Ulcers”**
7. Paper presented in the international seminar on Hifzan-e-sehat aur Moholiyat. Dept.of Hifzan-e-Sehat wa Samaji TibAMU, Aligarh.2005 and presented paper as a co author **“Leech therapy past & present.”**
8. Paper presented in the ,National Conference on Unani System of Medicine ZVM Unani Medical College and Hospital,Pune.2006. **“Therapeutic Significance of Leeching as an Alternative way of Treatment”**
9. Paper presented in the , National Seminar on Kulliyat ,Dept. of Kulliyat ,AMU, Aligarh.2005 **“Irsale Alaq its Importance & Application”**
10. Paper presented in the International Conference on “Research Advances in Traditional Medicine: Challenges and Opportunities” 27-28 Oct 2007 at Jamia Hamdard New Delhi. Entitled **“Significance of Leech Therapy and its Consequence in Different Diseases”**.
11. Paper present in 2nd National Seminar On Relevance Of Modern Methods Of Studies In Unani Medicine, 27-28 November 2014,Dept. of Ilmul Advia, Faculty Of Unani Medicine, AMU, Aligarh. Entitled **“Renewed Interest In Leech Therapy For The Treatment Of Non-Healing Ulcers”**.
12. Co-author in the National Conference On Unani System Of Medicine, ZVM Unani Medical College And Hospital, Pune.2006. Entitled **“Baladur (Semecarpus Anacardum)A Drug Of CNS: A Review”**.
13. Co-author in the National Seminar on Kulliyat, Dept. of Kulliyat, AMU, Aligarh.2005 intitled **“Amal-E-Kaii: A Traditional Method Of Healing By Cauterization”**
14. Co-author in the International Seminar On Hifzan-E-Sehat Aur Moholiyat. Dept.Of Hifzan-E-Sehat Wa Samaji Tib,AMU, Aligarh.2005.entitled **“Diet Therapy: A Simple Way Of Obesity (Simm-E-Muffrat) Management”**.
15. Co-author in the International Conference On “Research Advances In Traditional Medicine: Challenges And Opportunities” 27-28 oct 2007 at Jamia Hamdard New Delhi.Intitled **“Evaluation Of Antiparkinsonian Activity Of Aqueous Extract Of Unani Compound On**

Haloperidol Induced Parkinsonism In Albino Rats”.

16. Co-author in the National seminar on Intregative Approach for Research in Unani Medicine, Organized by Department of Ilmul Advia, AMU, under the auspices of DRS II,UGC,2ND ,3RD March,2022, 02Entitled “**Contemporary Analysis Of Kushta Qalai: A Herbo-Metallic Drug**”

Workshops/Symposium/Training

1. **Workshop in “Ilaj Bil Tadabeer: Ahmiyat-O-Afadiyat”** Unani Day Celebration 2022 in 6 february 2022 at Aligarh Unani & Ayurvedic College & ACN Hospital,Aligarh.
2. **Long Term Tranning Programme On Research Methodology”** 6th Feb 2016 Organized By RRUM , Under The Agies Of CCRUM, Ministry Of AYUSH. In Collaabrition With F/O Unani Medicine,AMU Aligarh.
3. National seminar- cum-workshop on “**Modernization of Unani Pharmacy Need And Importance**” ,November 14-15,2015, organized by Department of Sadila (pharmacy) , Faculty of Unani Medicine,A.M.U,Aligarh
4. National Workshop On “**Potentials Of In The Management Of Life Style Disorders,** 27TH September 2014,Organized By Department Of Ilaj Bit Tadabeer, Faculty Of Unani Medicine ,A.M.U, Aligarh.
5. “**Two Days National Workshop On Formulating Roadmap For Post Graduate Education In Munafeul Aza**”, organized by Dept. Of Tashreeh Wa Munafeul Aza, AMU,Aligarh .20-21 October 2012
6. **Symposium** on Medico-Social implication of HIV/AIDS in India held by the AIDS cell of IAMMS , Aligarh on Dec.1-2,2006.
7. **ECG Workshop-2005**, J.N.Medical College AMU, Aligarh.
8. “**Stress Management**” in the National Conference on Needs Based Physical Education and Sports in India, AMU, Aligarh oct.2002.
9. “**Healthy Ageing**” in the National Conference on Needs Based Physical Education and Sports in India, AMU, Aligarh oct.2002.
10. One Year Compulsory Rotatary Internship in 1999 completed ,6 month external from District Malkhan Singh Hospital Aligarh and 6 Months internal from AKTC hospital ,AMU ,Aligarh

I hereby declare that all the information given above is true to the best of my knowledge.

(NEELOFER)