

Curriculum Vitae

DR NAEEM

(B.U.M.S., MD. PGDEMS. PGDCC)



Address:

H.no.5/473 Shahganj New Eidgah
Road Ek Minar Masjid Shah Jamal
Aligarh. 202001 (U.P)
Mob: 09027741236, 7017865431
Email.naeem9027@gmail.com

- **Designation: Assistant Professor** in department Of Tahaffuzi wa Samaji Tib, Aligarh Unani College & ACN Hospital Aligarh.

Career Objective:

Seeking innovative and challenging career in the area of Medical Science to secure a position with a high degree of responsibilities and opportunities where I am enhance my skills as well as to contribute towards the growth of organization.

ACADEMIC QUALIFICATION:

1. **M.D.** (Tahaffuzi wa Samaji Tib) [**PSM**] F/O **Unani Medicine**, A.K.T.C, Aligarh Muslim University, Aligarh, 2016. (1st Division)
2. **B.U.M.S.**, F/O Unani Medicine, A.K.T.C, Aligarh Muslim University, Aligarh, 2011. (1st Division)
3. **PGDEMS** (Post Graduation Diploma in Emergency Medical Service), Symbiosis International University, Pune, Maharashtra.2013. (1st Division)
4. **PGDCC** (Post Graduation Diploma in Clinical Cosmetology), Indian Institute of Aesthetic Medicine (I.I.A.M.), PUNE, Maharashtra. 2018
5. **Intermediate** from AMU University in 2006. (1st Division)
6. **High School** from AMU University in 2004. (1st Division)
7. **Computer Fundamentals & M. S. Office** from Poly-technique A. M. U. Aligarh, 2012.

Teaching Experience

- Worked as **Assistant Professor** in deptt. Of Tahaffuzi wa Samaji Tib, Sufia Unani College and Hospital, East Champaran Bihar, from 11th of February 2017 till 31th January 2018.
- Worked as **Assistant Professor** in deptt. Of Tahaffuzi wa Samaji Tib, Glocal Unani College and Hospital, Saharanpur Uttar Pradesh, from 5th of February 2018 till 3rd December 2018.
- Worked as **Assistant Professor** in deptt. Of IBT, Hakim Rais Unani Medical College and Hospital, Makhdoompur, Sambhal, from 5th December 2019 to 25th September 2019.
- Worked as **Assistant Professor** in deptt. Of Tahaffuzi wa Samaji Tib, Hakim Rais Unani Medical College and Hospital, Makhdoompur, Sambhal, from 26th September 2019 to 9th January 2021.
- Working as **Assistant Professor** in deptt. Of Tahaffuzi wa Samaji Tib, Aligarh Unani College & ACN Hospital Aligarh from 11th January till date.

Clinical Experience

- One Year Internship –
 - 6 month from Civil Hospital Lucknow
 - 6 month from Ajmal Khan Tibbiya College AMU Aligarh
- One year experience from “Amit Hospital” Pune (Maharashtra)

Topic of M.D. Thesis:

“A Study of Ocular Morbidity in the Primary School Children of Aligarh Muslim University, Aligarh with reference to the preventive aspect described in Unani System of Medicine”

PUBLICATIONS

Book Published:

Kitab-ul-Ain “A comprehensive traditional updates of Ophthalmology with Preventive Strategies”, 2019, published by Mishkat Printer, Aligarh.

Research Paper

1. **Naeem**, “A Study on Prevalence of Ocular Morbidity in Primary School Children of Aligarh Muslim University, Aligarh”. Journal of Integrated Community Health (JICH), (ISSN: 2319:9113), D/O Tahaffuzi wa Samaji Tib, F/O Unani Medicine, AMU. 05 (02), pp,25-28
2. **Naeem**, “A Study of Factors Influencing Ocular Morbidity in Primary School Children of Aligarh”, in American Journal of Pharmacy and Health Research (ISSN 2321-3647 online), Volume 5, page 33-47, Issue 8, 2017. **Global Impact Factor 0.678**
3. **Naeem**, “Unani Concept of Ocular Morbidity (*Amraze Chashm*) and its Prevention”, in Journal of Unani Medicus, ISSN No. 2230-8083, Faculty of Unani Medicine, A. M. U. Aligarh. Volume. IV (1): 91-96, 2017
4. **Naeem**, “A study of Impact of Hygiene on Ocular Morbidity in School children of Aligarh city”. UNIMED KULLIYAT, A Journal of Unani Medicine, Deptt. Of Kulliyat, AMU Aligarh. Volume X, issue 1: 1-8, April 2017- March 2018.
5. **Naeem**, “Sociodemographic study of Ocular Morbidity in School Children of Aligarh”, Hamdard Medicus, a quarterly Journal of Science and Medicine. Published by Hamdard Foundation PAKISTAN. (ISSN 0250-7188) Volume. 60, No. 2, April-June 2017. Pp55-

Review Paper

1. **Naeem**, “A pivotal Review on Diabetes Mellitus with special reference to its management by diet and exercise”, Journal of Integrated Community Health (JICH), (ISSN: 2319:9113), D/O Tahaffuzi wa Samaji Tib, F/O Unani Medicine, AMU. 05 (01), pp, 45-50. Jan-June 2016
2. **Naeem**, S M Safdar Ashraf, Abdul Aziz Khan ,Zarreen Baig, “Relevance and importance of PERSONAL HYGIENE in the maintenance of human health”, Journal of Integrated Community Health (JICH), (ISSN: 2319:9113), D/O Tahaffuzi wa Samaji Tib, F/O Unani Medicine, AMU. 04 (01 & 02), pp,32-37, Jan-Dec 2015
3. **Naeem**, “Contemporary view of *Tadaabeere Mashaaiikh* (Geriatric Care) in prevention of life Style Disease and preservation of Health of old age” in **Journal of AYUSH: Ayurveda, Yoga, Unani, Siddha and Homeopathy** ISSN: 2278-2214 (Online), ISSN: 2321-6484 (Print) Volume 6, Issue 3, pp1-6, 2017 www.stmjournals.com

4. Zarreen Baig, S M Safdar Ashraf, Abdul Aziz Khan, Mohd Monis, **Naeem**, “Etymological and Historical Perspective of Diabetes”, Journal of Integrated Community Health (JICH), (ISSN:2319:9113), D/O Tahaffuzi wa Samaji Tib, F/O Unani Medicine, AMU. 05 (01), pp32-36
5. Mohd Monis, Zarreen Baig, **Naeem**, “Role of Unani single drugs in the treatment of Ziaabetes Shakri”, Journal of Integrated Community Health (JICH), (ISSN: 2319:9113), D/O Tahaffuzi wa Samaji Tib, F/O Unani Medicine, AMU. 05 (01), pp,41-44
6. Mohd Akram Layeeq, **Naeem**, Zameer Ahmad, “*Al-Shifa-ul-Ajil, Amraze-Uzn, Anaf wa Halaq ke Fori Unani Ilaj par Mushtamal ek ahm Arabi Makhtoota*”, Tarjuman-e-Tib (ISSN 2454-4507, NIUM, Bangaluru. Vol 3-5, Issue 1-2, page 55-64,Jan 2016- June 2018.
7. **Naeem**, Akram Laeeque “Health benefits of Miswak with especial references to Islamic Perspective: A review”, UNIMED KULLIYAT, An International Journal of Unani Medicine, Deptt. Of Kulliyat, AMU Aligarh, Volume XII, issue 1: 69-74, Jan.2020-June 2020.
8. **Naeem**, Rizwan Mansoor, Abdul Aziz “*Moderation in Asbab-e-Sittah Zaooriya* (Six essential factors): A Unique tool for boosting immunity”. NeuroPharmac Journal, Malegao (Nashik), Maharashtra Pin: 423203 India. editor@neuropharmac.com ISSN: 2456-3927 (Publication Process).
9. Abdul Aziz Khan, Mohammad Saad Ahmad Khan,* **Naeem*** “Health Perils of Rising Trends of *Nomophobia* among the Students and its Remedial Intervention Strategies”, UNIMED KULLIYAT, A Journal of Unani Medicine, Deptt. Of Kulliyat, AMU Aligarh. (Publication Process).

ARTICLE PUBLISHED

1. **Naeem**, “Health Hazards of White Sugar” in UNANI PULSE, An Annual Health Magazine ,published by Junior Doctor Association, AKTC, AMU, Aligarh. issue-2, volume-2, 2015, page.42

ABSTRACTs IN THE SOUVENIR OF CONFERENCES AND SEMINARS:

1. **Naeem**, Ammar Ibn Anwar, Abdul Aziz Khan and Zarreen Baig, “Application of Hijamah (Cupping) in Falij (Paralysis), organized by deptt. Of Ilaj-bit-Tadbeer, Faculty of Unani Medicine, A.M.U., Aligarh on 7-8, March. 2016. P28

2. **Naeem**, Ammar Ibn Anwar, “Contemporary view of Massage: A Primeval Anticipatory Regime of Unani System of Medicine and its Application”, organized by State Takmeel-ut-Tib-College & Hospital, Lucknow, 10-11 October-2015.p116
3. **Naeem**, Zarreen Baig, “Health benefits of Honey”, organized by deptt. Of Ilmul Advia, Faculty of Unani Medicine, A.M.U., Aligarh on 27-28, November. 2014.p113
4. **Naeem** “Holistic approach in Unani System of Medicine for the Promotion and Preservation of Ocular Health”, in National Seminar organized by deptt. of Kulliyat, Govt. Nizamia Tibbia college hedrabad on 30th -31th January, 2017.p.163
5. **Naeem**, “Contemporary view of Tadabeere Mashaikh (Geriatric care) in prevention and preservation of Health”, in National Conference organized by deptt. of Moalejat, Faculty of Unani Medicine, A.M.U., Aligarh on 21-22, March. 2017.
6. **Naeem**, “Asbabe Sitta Zaruria (Six Essential Factors): An Unique tool for the preservation of Depression”, in National Conference organized by deptt. of Tahaffuzi wa Samaji Tib, Faculty of Unani Medicine, A.M.U., Aligarh on 7-8, April. 2017.p 58
7. Zarreen Baig, S.M.S.Ashraf, Abdul Aziz Khan, Mohd Monis, **Naeem**: A decisive review of tadabeere mashaikh described in Unani system with special reference to its application in temporary geriatric population, organized by deptt. Of Ilaj-bit-Tadbeer, Faculty of Unani Medicine, A.M.U., Aligarh on 7-8, March. 2016.p56.

PAPER PRESENTED (ORAL) IN CONFERENCE AND SEMINAR:

1. “Contemplating Treatise of *Ibn-al-Haytham* in reference to Ocular Health”, in National Seminar on Life & Contribution of Ibn al Haytham Organized by Ibn Sina Academy of Medieval and Medicine & Science, Aligarh, October 14 – 15, 2015.
2. “Application of *Hijamah* (cupping) in *Falij* (Paralysis)”, National Seminar-cum-workshop on Intervention of Ilaj-bit-Tadbeer in the Management of Pain and Disability, organized by Deptt. Of Ila-bit-Tadbeer, Faculty of Unan Medicine, A.M.U., Aligarh, March, 7th -8th, 2016.
3. “Combating Hepatitis-B through primary prevention with special reference to vaccination”, in National Seminar on Hepatitis organized by Deoband Unani Medical College, Hospital & Research Centre, Deoband, on 21st May 2016.

4. “Contemporary view of Massage: A primeval anticipatory regime of Unani System of Medicine and its application”, in National Seminar on Research Methodology in Ilaj-bit-Tadbeer organized by State Takmeel-ut-Tib-College & Hospital, Lucknow. 10-11 October 2015
5. “Contemporary view of *Tadaabeere Mashaaikh* (Geriatric Care) in prevention and preservation of Health”, in National Conference on Relevance of Unani Medicine in Non Communicable Diseases organized by deptt. of Moalejat, Faculty of Unani Medicine, A.M.U., Aligarh on 21-22, March. 2017
6. “*Asbab-e-Sitta Zaruriya* (Six Essential Factors): An Unique Tool for the prevention of Depression”, in National Conference on Depression (Holistic & Integrated Approach in its Management), organized by deptt. of Tahaffuzi wa Samaji Tib, Faculty of Unani Medicine, A.M.U., Aligarh on 7-8, April. 2017
7. “Intervention of *Asbab-e- Sitta Zarooria* in skin ageing and its prevention”, in National Seminar on Amraz-e-Jild wa Tazeeniyat organized by deptt. of Amraz-e-Jild wa Zohrawiya, Faculty of Unani Medicine, A.M.U., Aligarh on 16th March. 2019.

CONFERENCE/ SEMINAR/ WORKSHOP/ CME/ SYMPOSIUM

- Attended a National Seminar on “Maternal and Child Health”, organized by department of Qabalat-wa-Amraze-e-Niswan, F/O, Unani Medicine, AMU Aligarh on 21st-22nd March 2011.
- Attended a National Conference on “National College Chest Physician (NCCP) & The Indian Chest Society (ICS)”, organized by napcon Agra on 20th to 23rd Nov, 2014.
- Attended a National CME on “Pharmacotherapy Update in Common Medical Disorder- A rational Approach”, organized by deptt. Of Pharmacology, J. N. Medical College, A.M.U., Aligarh on 1st -2nd Nov, 2014
- Attended a **Symposium** on “Recent Advancement in the Therapeutics of Chronic Skin Disorder”, organized by deptt. Of Amraze-e-Zild wa Zohrawia, F/O, Unani Medicine, AMU Aligarh on 1st December, 2014.

- Attended a National **Workshop** on “Potential of Ilaj bit Tadbeer in the Management of Life Style Disorder”, organized by deptt. Of Ilaj bit Tadbeer, F/O, Unani Medicine, AMU Aligarh on 27th September, 2014.
- Attended a National Seminar on “Relevance of Modern Methods of Studies in Unani Medicine”, organized by deptt. Of Ilmul Advia, F/O, Unani Medicine, AMU Aligarh on 27th & 28th November, 2014.
- Attended a National Workshop on “Proficiency in Advance Instrumental Methods of Analysis”, organized by deptt. Of Ilmul Advia, F/O, Unani Medicine, AMU Aligarh on 26th November, 2014.
- Attended an **International Seminar** on “Life & Contribution of Ibn Sina”, Under the aegis of Ibn Sina Acedemy of Medival Medicine & Science, Aligarh on October 25-27, 2014
- Attended a National Seminar on “The Role of Unani medicine in Non Communicable Disease”, organized by CCRUM (Ministry of AYUSH, Government of India), Indian Islamic Culture, New Delhi on 14th & 15th January, 2015
- Attended a National Seminar-cum-Workshop on “Modernization of Unani Pharmacy: Needs and Importance”, organized by deptt. Of Saidla, F/O, Unani Medicine, November 14-15, 2015.
- Attend a Conference on “Health for All”, organized by Indian Doctor’s Association & Development, Aligarh, 7th Feb, 2016.
- Attend a National symposium on Usool-e-Tashkhees (Principles on Diagnosis), organized by deptt. Of Moalejat, F/O Unanin Medicine, A.M.U., Aligarh, November 5, 2016.
- Participation in the workshop on Research Methodology, organized by deptt. Of Physical Education, A M U, Aligarh, May 22-28, 2016
- Participation in the workshop in “Soft Skill” (Web designing, graphic designing, spread excel sheet, power point) organized by University Hobbies Workshop of Cultural Education Centre, A M U Aligarh, March 23-24, 2015.
- Participation as **Doctor** in **Road Race** of **27th Pune International Marathon 2012**, certified by SYMBIOSIS International University Pune (Maharashtra), 2nd December 2012.

- Attended an **International Seminar** on “Diversification of Health Research: An Evidence – based Approach” organized by deptt. of Amraze Jild wa Zohrawia, F/O, Unani Medicine, A M U, Aligarh, on 12th January, 2017.
- Attended a CME on “Management of Obesity in Unani”, organized by National Unani Doctors Welfare Association, Lucknow in Aligarh on 10th September 2017.
- Participation in the workshop on “Hijamah / Skin Diseases” organized by NUDWA Aligarh Branch with Collaboration of Deptt. Of Amraz-e-Jild wa Tazeeniat AMU Aligarh, on 11th Feb 2018.
- Attend a National symposium on “Universal Health Coverage, An Integrated Approach”, jointly organized by IICHA, deptt. Of Community Medicine, JNMC and deptt. Of Tahaffuzi wa Samaji Tib, F/O Unanin Medicine, A.M.U., Aligarh, April 7, 2018.
- Attend a CME on Cardiology and Urology, organized by METRO Group of Hospitals with collaboration NIMA (Aligarh Branch) in Hotel Abha Resedency Ramghat road, Aligarh, November 3, 2108.
- **Self Employment Training Course & Training Workshop** with Tutorial on **HERBAL DERMATOLOGY & COSMETOLOGY PHARMACY**, organized by Indian Society of Vocational Education and Research [ISVER] in collaboration with Ibn Sina Acedmy of Medieval Sciences [IAMMS], Aligarh on 8-9 December 2018.

Online Webinar Attended:

- Role of Unani Medicine in Covid-19, organized by All India Tibbi Congress. 10 June, 2020.
- *Optimising Tabi’at (Physic)* & Boosting Immunity as cure-all in epidemic and Pandemic, organized by deptt. Of Munafeul Aza, AKTC AMU, Aligarh. June 12, 2020.
- Smart Clinical Occupational Therapy Education Plan during Covid-19. Organized by Deptt. Of Rehabilitation Science Jamia Hamdard New Delhi. June 13, 2020
- Diabetes Management with Unani Medicines, organized by All India Tibbi Congress Maharashtra. 19 July 2020.

- *E-Work Shop on Dermoscopy, organized by deptt.of Amraze Jild wa Zoharawiya F/O Unani Medicine AMU, Aligarh, December 6, 2020*
- *People Access to Healthcare without the Prospect of Financial Hardship, organized by deptt.of Indian Integrated Community Health Association & F/O, Unani Medicine AMU. Aligarh. December 9, 2020.*

EXTRA CURRICULAR ACTIVITIES

1. PRIZE:

IIIrd Prize in poster competition on the occasion of World AIDS Day 2015, organized by Deptt. Of Tahaffuzi wa Samaji Tib, Faculty of Unani Medicine, A M U, Aligarh. December 1st 2015.

2. Vice President, JDA (Junior Doctor Association) for the session 2014-2015.

3. One Day Work Shop on “Personality Skill Development” on behalf of JDA Platform in F/O Unani Medicine, A.M.U. Aligarh., was organized on 12th march, 2016.

4. Secretary Seminar of Department Of Tahaffuzi wa Samaji Tib, Faculty of Unani Medicine, AMU Aligarh for the session of 2014-2015.

5. RAPPORTEUR SCIENTIFIC SESSION:

Rapporteur in the Scientific National Seminar on Relevancy of Modern Methods of Studies in Unani Medicine, Organized by Deptt. Of Ilmul Advia, Faculty of Unani Medicine, A.M.U., Aligarh, November 27-28, 2014.

6. Volunteer:

- **Volunteer** in International Conference organized by Ibn Sina Academy of Medieval and Medicine & Science, Aligarh, 2015.
- **Volunteer** in “*World Aids Day- 2016*” organized by deptt. of Tahaffuzi wa Samaji Tib, Faculty of Unani Medicine, AMU Aligarh, 1st December on 2015.

MEMBERSHIP:

- 1. Life Membership in IICHA (Indian Integrated Community Health Association), Deptt. Of Tahaffuzi wa Samaji Tib, F/O, UNani Medicine, AMU, Aligarh.**
- 2. Life Membership in AIUTC (All India Unani Tibbi Congress) New Delhi.**
- 3. Life Membership in NIMA (National Integrated Medical Association) Aligarh.**
- 4. Life Membership in NUDWA (National Unani Doctors Welfare Association) Aligarh.**

HOBBIES: Teaching and Practicing as Physician

Declaration

- I hereby affirm that all information given above true to best of my knowledge.

PERSONAL DETAIL:

Father's Name : Saleem Khan
Mother's Name : Shakeela Begum
Date of Birth : 10th September 1988
Gender : Male
Marital Status : Married
Religion : Islam
Nationality : Indian
Language Known : English, Urdu & Hindi

MEDICAL REGISTRATION:

Medical Reg. No. 14948 (Board of Ayurvedic and Unani Tibbi System of Medicine UP)

Place:

DR NAEEM

Date: